- 1. Did you experience anything useful in this training?
- I have been able to understand the physical, biological and mental impacts of exposure to radiation from A-bombs.
- 2. For what actual purposes are you going to use the knowledge and skills that you have acquired through this training?
- I had thought that we should avoid being exposed to radiation no matter what. Now I understand that I can look after patients by controlling the risk of exposure to a minimum if needed, and I would like to teach this knowledge to other nurses.
- I would like to be a nurse who can provide mental care in addition to physical care to patients, who are vulnerable to mental damage.
- 3. Please tell us your opinion of this training in order to improve HICARE's projects. What do you think of the curriculum and the length of this training?
- I highly appreciate the training of targeting nurses.
- I was amazed by seeing doctors at Hiroshima University Hospital Advanced Emergency and Critical Care Center and Department of Radiation Oncology do their rounds in person.
- I appreciate staff members for arranging the efficient training schedule, in which lessons of prominent busy doctors were included.

4. Stay in Hiroshima

(1) What impression did you have of living in Hiroshima

- Hiroshima citizens appeared to consider their historical tragedy as a cultural heritage so as to ring the alarm continuously to all human beings on the earth rather than writing off what they experienced as a pathetic calamity.
- I found that people in this city are so considerate that I did not hear one horn on the street. This is amazing for me because driving in Korea is terrible and difficult, especially for female drivers.
- (2) Please tell us about what you felt to be inconvenient during the stay in Hiroshima.
- Since HICARE's staff members had provided a broad range of information in advance, I did not have a big problem even when I had to act on my own.

5. Impressions about the training

- Although before participating in this training I had thought HICARE to be an organization focusing on research and treatment only of people who were exposed to A-bomb radiation in the past, I found through this training that it strives to spread their activities systematically and constructively.
- I was surprised at HICARE's broad range of activities. It is engaged in not only financial compensation for hibakusha but also international cooperation in which they share the

information and experience that they have accumulated in their activities, including prevention and early treatment of disease, promotion of health, operation of nursing homes and continuous research on the long-term impact of radiation on the human body not to mention its results with international trainees whom HICARE invites to Japan.

- Touched by Dr. Kamata's philosophy, I started looking back on my life as well as this training. Wordsworth said, "There are in our existence spots of time, that with distinct pre-eminence retain a renovating virtue." What I experienced in this five-day training in Hiroshima may become a happy "spot of time" in my life, awakening my passion for medicine.
- I felt as if I were rescued by Dr. Tanigawa from ignorance about radiation, like the patients whose lives he saved by riding a helicopter in Fukushima. Now I would be able to support a rescue operation without fear derived from ignorance if a radioactive accident ever occurs in Korea, where 23 nuclear plants operate
- I did not find a shadow of grief at the past tragedy on the faces of residents in the nursing home that I visited in this training. I found that the quality of nursing service in a developed country is represented by not only the home's excellent environment but also the hospitality extended by its staff members.